



News

NHS Grampian Charity Launches £2.3 million Fund to Support Health & Wellbeing across Grampian

NHS Grampian Charity has launched a funding programme to support projects which make a lasting difference to the health and wellbeing of people across Grampian.

The charity's Lasting Impact Programme brings together its external funding opportunities under one banner, with more than £2.3 million available this year for community, research, and large-scale health and wellbeing projects.

The programme has been developed to support projects which deliver long-term benefits to patients, families, and communities across Grampian, and it offers three strands: the Lasting Impact Large Grants Programme, the Lasting Impact Small Research Grants Programme, and the Lasting Impact Small Community Grants Programme.

Dennis Robertson, Chair of NHS Grampian Charity Committee, says, "Through the Lasting Impact Programme, we want to support projects which do more than meet an immediate need. This will help create long-term, meaningful change for people across Grampian."

The Lasting Impact Small Community Grants Programme is now open to applicants.



Lisa Duthie, Charity Lead at NHS Grampian Charity, says, "We know that some of the most powerful support happens in local communities, delivered by organisations who understand the people they work with and the challenges they face.

"Since our community grants were first launched, we've seen the incredible difference they can make, and we're excited to continue supporting some of the incredible charities and organisations who are working hard across Grampian to improve health and wellbeing in practical, compassionate and meaningful ways."

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Charities Fund Scotland-Wide Testing Project to Identify Inherited Cancer Risk in People with Westray & Whalsay Ancestry

NHS Grampian Charity is supporting a landmark charity-funded project, which will offer genetic testing to thousands of people with ancestral links to Westray in Orkney and Whalsay in Shetland, helping identify those who have a higher inherited risk of developing certain cancers.

The project, which will be led by researchers from the University of Aberdeen and the NHS North of Scotland Genetics Service based in NHS Grampian, is being funded through a unique partnership of NHS charities across Scotland, and by Friends of ANCHOR.



Lisa Duthie, Charity Lead at NHS Grampian Charity, speaking on behalf of the NHS charities, said, "For the donors who support our NHS charities, this is a powerful example of the impact their generosity can have. Their donations are helping fund work which will identify people with increased risk, support earlier intervention, and create opportunities for preventative care that will save lives.

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Donations Fund Activity Boxes for People in Grampian Hospitals

NHS Grampian Charity has funded new activity boxes for patients in hospitals across Grampian which are designed to promote physical and mental stimulation.

NHS Grampian's dementia nurse consultant, Lyn, says, "Our new boxes will support therapeutic and meaningful activity at what can otherwise be a very stressful time for people.

"We're aiming to reduce boredom and isolation, improve mood, sleep pattern, appetite, and overall wellbeing. This can have a positive impact on an individual's level of stress and limit the frequency of severe distress, particularly for those who may be experiencing delirium or living with dementia.

90-year-old Duncan was one of the first patients to try out the new boxes. "It's helped take my mind off things," he said. "I enjoy it. It really does help."

Thank you to everyone whose generous donations have helped support these boxes, and to all the staff and volunteers who have given their knowledge, skills and time to help bring this idea to life.



2025 - 2026



Enhancing healthcare together

493

FUNDING APPLICATIONS APPROVED
TOTTALLING MORE THAN

£7.347M



Patient
Wellbeing
Projects



Staff Wellbeing
& Development
Projects



Research
Projects

Charity Shares Annual Report & Accounts

NHS Grampian Charity has published its Annual Report & Accounts for 2025-26, highlighting the difference generous donations from supporters continue to make for patients, families, staff and communities across Grampian.

The charity awarded more than £7.3 million during the year to support almost 500 projects and activities to enhance health and wellbeing across Aberdeen, Aberdeenshire and Moray.

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New Chairs Bring Comfort to Families in Surgical HDU



Thanks to the kindness of our supporters, we've been able to fund a new fold-out sleeper chair for the Surgical High Dependency Unit at ARI.

The new chair helps family members and visitors stay close to their loved ones, while giving them greater comfort and support during long days or nights in hospital. It also offers reassurance to patients, knowing that their loved ones are comfortable and looked after too.

Wheelchair Accessible Swing Opens at Aberdeen's Duthie Park



The donations given by generous supporters like you don't just improve health and wellbeing in hospitals, they also help our communities too. We were delighted to support the Rotary Club of Aberdeen Bon Accord and their other Rotary club partners by providing a grant of £10,000 towards the purchase of a wheelchair accessible swing through our Community Grants Programme.

Charity Funds New Scanner to Transform Breast Cancer Surgery in Grampian

Patients undergoing breast cancer surgery in Grampian are benefitting from a new state-of-the-art 3D tissue scanner, thanks to your generous donations.

The Mozart Kubtec specimen scanner, which cost more than £200,000, will be used during breast conserving surgery.

Ahmed Mustafa, consultant oncoplastic breast surgeon and clinical lead in the Breast Unit, says, "The new scanner is one of the most advanced available in specimen scanning.

"Tissue is not uniform and it moves as you work with. Previously tissue specimens were scanned in 2D and the surgeon used their judgement of how much tissue to take.

"This 3D scanner improves the accuracy of this judgement during surgery. It lets the surgeon see a fuller three-dimensional image of the tissue, so they can decide on the spot whether they are going to remove more or not."



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Aberdeen Introduces Scotland's First Interactive Training Kiosk for CPR

Your generous donations have funded a new interactive kiosk at Aberdeen Royal Infirmary which teaches life-saving CPR skills in just 30 seconds.

The east-to-use kiosk is located in the hospital's main concourse, and is available for patients, visitors, staff, and members of the public to use. It is the first of its kind in Scotland, and uses a built-in mannequin and screen to give step-by-step guidance on how to perform CPR.

CPP is used when someone has a cardiac arrest and their heart stops beating. It helps keep oxygenated blood flowing to the brain, heart, and other vital organs until an ambulance arrives.

NHS Grampian resuscitation officer Louise says, "Many people think that CPR is something only healthcare professionals or trained first-aiders can do, but that's not the case. Anyone can learn the basics of CPR, and this kiosk is designed to show just how quick and straightforward it can be."



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Comfortable New Treatment Chair for Maxillofacial Prosthetics Service



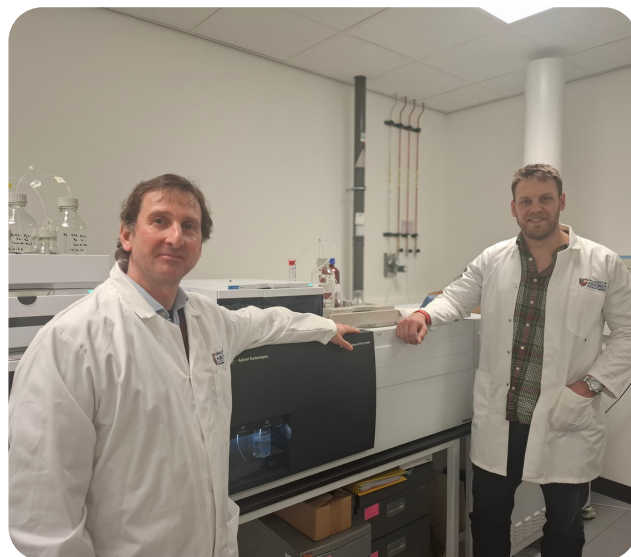
An appointment with the Maxillofacial Prosthetics team to have scans taken, or to have a new prosthetic fitted and adjusted, can take anywhere from 30 minutes to three hours. Patient comfort is a huge priority for the team, and we were thrilled to provide them with this new, ergonomically designed treatment chair.

Patient Mike tried it out when he attended a recent appointment and found it really comfy, saying, "It's absolutely great."

Charity Supports Rowett Diabetic Eye Disease Research

Your donations are helping support a new study at the Rowett Institute in Aberdeen, which is exploring how diabetic eye disease develops and how it can be detected much earlier, before permanent eye damage occurs.

Professor Jules Griffin, director of the Rowett Institute, says, "Current research suggests that changes in the way the retina uses energy and processes nutrients may play an important role in the disease, and that is what we plan to explore."



Bed Scales Help Critically Ill Patients



For critically ill patients, even the smallest movement can be difficult. That's why your donations have been used to fund two sets of bed weighing scales for the Critical Care Unit at ARI.

Accurate weight measurements are vital in critical care, but physically taking these measurements can be very challenging for patients who are critically ill. The new scales allow an entire bed to be wheeled directly onto the platform, giving staff an easy way to take an accurate weight to within a few ounces at the touch of a button.

Fundraising

Kiltwalk

We would like to say a massive thank you to all our incredible Kiltwalkers who took part in the Aberdeen Kiltwalk.

With over 40 walkers taking on the Mighty Stride in support of NHS Grampian Charity, it was truly inspiring to see so many people putting one foot in front of the other for a ward, department, or hospital close to their hearts.

Thank you to each and every one of you - the money you've raised will help us continue making a real difference to patients across Grampian.

Fancy taking part in the Kiltwalk next year? Entries aren't open yet, but click the button below to register your interest, and we'll let you know when you can sign up.

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Utrecht Ultra

We want to give a massive thank you to Wouter who took on the incredible 1,000km Utrecht Ultra across the Netherlands and Belgium, raising more than £1,165 for the Orthopaedic Rehab Unit at Woodend Hospital.



Isla & Ingram's Woodend Fundraising

We want to say a huge thank you to activity coordinators Isla and Ingram, who chose to fundraise in support of the Stroke Rehab Unit at Woodend Hospital while on placement from the University of Aberdeen. They brought their university societies together to organise a quiz night and a bake sale, raising a fantastic £273.20 for the unit.



Inaugural Aberdeen Half Marathon

We were delighted to be chosen as an official charity partner for the first Aberdeen Half Marathon in June. Thank you to all the runners who took on the 13.1 mile challenge to fundraise for various wards, hospitals and departments, and to our incredible team of volunteers who helped make sure the event ran smoothly.



Interested in Fundraising?

Want to give something back to a hospital, ward, or department in Grampian that is important to you?

From enhancing hospital environments and funding specialist equipment, to supporting advanced staff training and groundbreaking research, the money you raise helps fund the extras that go above and beyond core NHS care.

Click the button below to visit our website and find out how to get involved.

[Learn More](#)

NHS Grampian Charity could not continue to enhance the health and wellbeing of the people of Grampian without your generous support.

Thank You

[Donate](#)