

COVID-19 Support Fund awards grants totalling over £320,000

The NHS Grampian Endowment Fund is delighted to have approved and allocated £320,000 to 48 local charities and community groups including 18 successful grants in Moray ranging from £400 to £10,000 for people across Grampian who have been affected by coronavirus.

Grants have been approved to support cancer charities such as Maggie's Aberdeen who have seen a demand in benefits advice soar this year as they continue to provide the vital service to those living with cancer in the north-east. Other charities across Aberdeenshire to receive a grant and who are providing a vital service include the Dennis Law Legacy that builds positive relationships



Pictured Maggie's Benefits Advisor Chris Zielinski

with young people through their Street Sport project. Another charity to benefit is Abilitynet who help provide free technology for the older generation as well as support people with disabilities.

In Moray over £80,000 in total has been provided to 18 organisations including; Lockdown Babies Buckie who have created



Moray Baby Bank assists families in financial distress who cannot afford the essentials for their baby.

newly formed support groups in a hall in Buckie with all of the appropriate safety equipment. Others also include Moray baby bank, Aberlour Community Association, People First Fraserburgh, Rafford Parent and Toddler Group and Rothienorman Scouts.

"I am really pleased that we have been able to support such a diverse range of charities and community groups who are doing such great work to support people and families across Grampian. It's such a tough time for many and local community support is so important to help people connect with others and stay well."

- Luan Grugeon, Chair of NHS Grampian Endowment Fund

Over £100,000 of the money raised by Captain Tom Moore is to improve NHS Staff rest room facilities across the north-east



Photo of Catharina Hartman outside A&E

We met with Catharina Hartman, Emergency Consultant in A&E that will be one of the projects that will benefit from the staff haven upgrade.

150 staff work across the adult and paediatric emergency departments and include consultants, career grade and trainee doctors, nurses of all grades including practitioner staff, physicians associates, radiographers and allied health

professionals, receptionists, porters and domestic staff. Paramedics and technicians of the Scottish Ambulance Service may also benefit from the facilities. With as many as 200 unscheduled patients to care for each day, the staff face enormous pressure with the added complexities of COVID-19. Catharina commented: "The project will be amazing as it about giving our staff the breathing space to deal with difficult experiences at work everyday. The refurbishment of the staff haven spaces recognises the challenging environment they face. It is a tangible investment into staff's personal well-

being at work. If staff are well looked after then the patients are looked after."

Other Staff Haven projects to be rolled out include picnic benches, gardeners Bothy and a bunker room at Dr Grays to create more defined spaces for staff to recharge. At Woodend Hospital new recliners and a sofa will be bought to create a sanctuary room, and health centres and community hospitals will have various upgrades and improvements on staff spaces such as canteens and staff rooms to make these spaces more special, comfortable and relaxing.

It's Christmas!

During December, we've teamed up with John Clark Motor Group and some of our talented local artists to deliver Christmas presents to all of the hospitals across Grampian for 1400 patients to help lift their spirits.



£50,000 awarded to AFC Community Trust to deliver a physical and mental health education programme

NHS Grampian Endowment Fund has awarded £50,000 to AFC Community Trust from funds allocated by NHS Charities Together thanks to Captain Tom's amazing 100th birthday fundraising efforts. It has been reported that people living in deprived areas are twice as likely to be affected by Covid-19. By educating people around their mental health and getting them physically active and eating more healthily, the programme aims to reduce obesity in targeted communities and to help families become more mentally and physically resilient.

"We're thrilled that NHS Grampian Endowment Fund has selected the Trust to receive the grant. It's testament to the incredible work of everyone at the Trust in developing football-related programmes that deliver tangible outcomes in terms of positive impacts on people's health and well-being." Robbie Hedderman commented.



Sheena Lonchay and Robbie Hedderman

CLAN Cancer Support to deliver art workshops for NHS Staff for a special tribute sculpture for Light the North public art trail



The lighthouse sculpture will be proudly displayed as part of CLAN's Light the North public art trail in Spring 2021

CLAN is a shining light in the dark for anyone affected by cancer and is delighted to be delivering virtual artist-led workshops for NHS Staff to capture their everyday heroic efforts in caring for the Grampian community and the continuous fight against coronavirus.

The creative workshops will run in January and aim to deliver therapeutic benefits as artists spend time with NHS Staff providing them with an opportunity to share their personal experiences expressed through their own creative input.

Fiona Fernie, Head of Income Generation and Business Development, commented:

"We are grateful for the support of the NHS Grampian Endowment Fund for our latest project, Light the North, which aims to bring 45 lighthouse sculptures to the north-east and Northern Isles. Thanks to funding from the Endowment Fund, CLAN Cancer Support can give NHS staff the opportunity to take part in a series of art workshops. It has been a challenging year for everyone, and we wanted to give back to the NHS through these workshops and to have a sculpture that recognises the enormous contribution of NHS key workers as part of CLAN's Light the North art sculpture trail."

The workshops are open to all NHS Staff wanting to take part. To register, please click on link: <https://buytickets.at/clancancersupport/458770> before Monday 14th December..

Equipment purchased for Education Team for clinical skills training



A recent award has gone to the NHS Grampian Practice Education Team to purchase additional clinical skills equipment to support the workforce for use during clinical skills training. This is particularly pertinent in ensuring safer workplace learning environment as a result of COVID-19 where an increase in simulations is required to creating new experiences rather than foot fall in clinical areas and enhancing the quality learning experience.

"The ultimate aim of the additional equipment is to improve patient care, safety and patient experience by ensuring we have clinicians who can undertake safe clinical skills whilst limiting foot fall in clinical environments but not compromising learning experiences."

-Sian Roughton, Lead Practice Educator

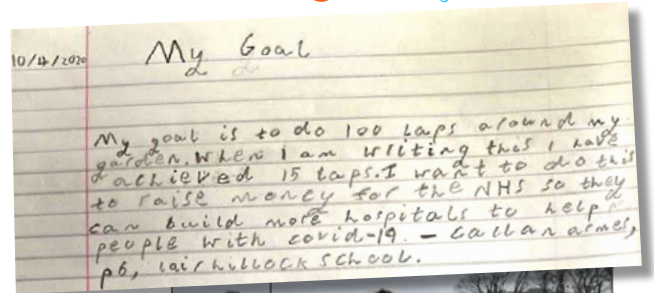
Thank you!

Your Support is Making a Difference

Callan's £10k run for NHS Staff during lockdown raises an incredible £566

Callan Armes started with a couple of laps but soon found himself doing 100 every day round his garden.

His Dad Roland is an accident and emergency consultant at ARI so the 11-year-old is no stranger to the importance of the health service especially as it deals with the Covid-19 pandemic. Callan said: "I wasn't a big fan of running to start with but when I got into it I decided to use my talent for good, I wanted to raise money for the NHS to support them for all their hard work. "My mum and dad work really hard helping people every day and I wanted to do that too. I like running but I still prefer football."



Callan Armes, 11 years old

Virtual walk fundraiser was inspired by the amazing actions and treatment of NHS Staff

Nicola Sutherlands's father in law was taken by ambulance to Dr Gray's hospital in Elgin having had a heart attack on the golf course in Lossiemouth.



Raymond Sutherland with grandson Findlay

Nicola was motivated by the support Raymond received and took part in a virtual fundraising walk clocking up 1,072 miles raising £750 plus Gift Aid for the Cardiology Department.

Nicola commented: "Had it not have been for the amazing actions and

treatment of paramedics and staff at Elgin, he would have most likely lost his life. He was whisked up to Inverness and has since now been released home and is doing great."

The Harley-Davidson Motorcycle Club proudly shows support for our NHS

The Harley-Davidson Motorcycle Club, members at Dunedin Chapter Scotland designed a patch round the traditional annual patch. The money raised helped to purchase a recliner chair at a cost of £1,272 for NHS Staff to relax and recharge when on a break.



The club members produced NHS patches that were sold to past and present rally goers.

"We are a happy "Harley Family" who like to pull together and fundraise for all sorts as well as go out on our bikes. What better time than now. NHS you are doing a fantastic job and we appreciate you from the bottom of our hearts."



Members of Dunedin Chapter Scotland

NHS Grampian Endowment Fund

Registered Charity No. SC017296

NHS Grampian Endowment Fund is the charity that safeguards donations made by patients, families and users of the health services. The Endowment Fund has strict criteria to make sure that donations are only used to enhance the services that NHS Grampian provides. Everything that the Endowment Fund supports must be for the benefit of patients as our patients are at the heart of everything we do.

To find out more about NHS Grampian Endowment Fund, please visit: www.nhsgcharities.com

Fundraising Opportunities

If you would like to fundraise for NHS Grampian and continue to support our amazing NHS Staff and local projects, please email: gram.charities@nhs.scot. We also encourage NHS staff to organise a fundraiser should they want to support a project in connection with their department.

Request a Newsletter

If you would like to receive this quarterly newsletter by email, please contact us at: gram.charities@nhs.scot.

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NHS Grampian Endowment Fund